

Timothy Topics Sep. 2024 newsletter.

St Timothy's Presbyterian Church
2400 Alta Vista Drive, Ottawa
Sunday Worship Service @ 10:00am

Do you want to meet the minister? Rev. Reine loves to meet with you, by appointment.
Do you want a link to participate online? Please contact the office.

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Bible Trivia: in which New Testament Book does Jesus say "I and my Father are one"?

Find the answer on your own or wait for the next *Timothy Topic*.

Last issue's answer: The idol the Israelites worshipped while Moses was away.

Minister's Corner: Last week we dropped our daughter at school and tried to help her order the room where she will be living for the next 8 months. I was moved that almost before doing anything else, she put a quote from the bible on her desk. She said, 'sometimes when we're under pressure we forget where we're going'. In our daily lives, we are often consumed by practical concerns—paying bills, meeting deadlines, running errands, and fulfilling countless responsibilities. It's easy to get caught up in this routine, focusing solely on the next task at hand. However, while these activities are essential, they don't provide a complete picture of a fulfilling life. Without a guiding philosophy or value system, our efforts can feel directionless, like we're running on empty without understanding why. Consider this: when you're overwhelmed by your to-do list, taking a moment to reflect on what really matters can seem impractical. Yet, it's precisely during these busy times that we need a solid foundation to keep us grounded. Whether it's a belief in hard work, a commitment to kindness, or a faith in something greater, these values give our actions purpose and help us navigate life's challenges. For example, someone might find strength in a quote that reminds them to persevere through difficult times. Another might be guided by a saying that emphasizes the importance of compassion. These guiding principles are like a compass, helping us stay on course when life gets tough. In the Bible, Jesus describes himself as the "true bread and wine" that sustains and enlightens. This metaphor suggests that we need something enduring and genuine to anchor our lives—something that provides meaning and purpose when everything else feels shallow. So, what is your guiding principle? What quote, belief, or philosophy do you turn to when you need direction? Finding and embracing your own foundation can make all the difference as you move forward in life, helping you to not just survive, but to thrive with purpose and clarity. As Christians we believe Jesus Christ to be the ultimate truth, light, and wisdom. I pray you would stop and consider him as both the path a destination of your journey.
Rev. Reine

In the rearview mirror: On June 8, the Stewardship committee planned a Garage Sale; members from the congregation & the community took part in. Yummy barbecue, juice & coffee were enjoyed by all. Big thanks to all who made it possible. -Father's Day was celebrated on June 16. It was nice to see the fathers taking part in the service along with their children. - June 23 was an enjoyable Sunday at St. Timothy's as we saw some of our youth lead the service and teach little ones during Story time. Mr. Mark Hamilton, the director of Grace Field camp, shared with us about the camp and its summer activities. After the service, a yummy barbecue was waiting for everyone. **All youth are invited to join our youth group meetings every First Sunday of the month (Bible lesson) & the last Sunday (games, fun activities).** - A spectacular Outdoor service was held July 7. Under our beautiful tree we gathered and lifted our praise, prayers and thanksgiving to God. The music from Mike P. playing on his guitar and Karen A. on her violin added value to our singing time. 'Look Around' was the theme. Congregation divided into four groups each doing a fun activity. It was a blast. **Looking forward:** Save the date! Sep. 8 is our Mission Sunday & welcome back barbecue. The Worship will be led by the Mission & Outreach Committee members who have invited Rev. Farrell, Ottawa U chaplain, to be our guest speaker and to inform us about his work with the students in running a weekly program providing a hot meal and a time of conversation. The M&O Committee has committed to preparing and serving a meal on Sep. 24. It will be a great opportunity to mingle with the students and reach out to them. After the service on Sep 8, you are invited to our delicious barbeque and to have a fun fellowship with our church family. - We are excited to be back after the summer break to our committee meetings and to work on creative ideas and plans to spread God's word in our church and community. Sunday school teachers are also welcoming back our amazing children to their different classes. You Like to join our team? Please let Rev. Reine know.

Sunday Worship Services @10 am

September 1,8,15,22,29

Sunday school during the service

Youth group Sep.1, Sep.22 after service

Coming Events

Craft Group, Mondays	@ 2:00	pm
African Chorus Sep.8	@ 10	am
Café Connections, Friday Sep.13	@ 10:00	am
Agape gatherings Tuesday Sep. 24	@10:30	am

- Bible study Wednesdays @10 am

-Prayer Time: Do you have a prayer request or a prayer of thanksgiving? Please contact the minister or Pastoral Care Team.

St. Tim's Pictorial

