Timothy Topics

March 2023 newsletter St Timothy's Presbyterian Church 2400 Alta Vista Drive, Ottawa, ON, K1H 7N1

(613) 733-0131 sttimsoffice@on.aibn.com www.sttimsottawa.com

Do you want to meet Rev. Reine? She loves to meet with you online or in-person by appointment. Sunday Worship Service 10:00 am. Our building is open. Do you want a link to participate online? Please contact the office.

-Bible Trivia-Who is the writer of the book of Acts?

Find the answer on your own or wait for the next *Timothy Topics*.

Last issue's answer: Matthias

Minister's Corner: Few voices in our life we take to heart. They are called 'voices of authority' because we choose to embrace, pursue, and believe them. They are a combination of convictions, values, relationships, and goals that seep into our life knowingly or unknowingly. Collectively, they help shape our character and how we decide to meet the world. They define WORTH and dictate IDENTITY. They determine FAILER and impose VICTORY. Every picture, color, tune, and, product tries to hit one of those nerves so we buy into it. Your voices of authority are the judges of your personal federal court. They hear and decide on all the cases that arise from your day-to-day routine. Big and expensive decisions are made there.

It is very dangerous if those voices tell us inaccurate things like we are not enough or we will never measure up because eventually, we will take all we have and lay it at the altar of being accepted and being let in. It is imperative to fix and carefully choose the frequency of those voices; those are the values and convictions I want to seek and measure my life against.

Tune to the voice that gives your life true meaning and purpose, not for a while, not for a season, but for all life seasons and beyond. Listen to the one voice that has the truest authority. Listen to Him when he tells you, you are loved, strong, held, and you belong. He tells you who you are and where your future is.

His authority does not come from a season or a desire. It comes from who He is and what He did and is prepared to do for you. Do not exchange what JESUS has to offer with anything else. Make sure there is nothing that comes even close to His authority in your life. Listen and give yourself to His voice so you believe.

John 10:27 "My sheep listen to my voice; I know them, and they follow me". Rev. Reine

In the rearview mirror: - February 19 was a special Sunday at St. Timothy's.

Black history month was celebrated and the African Chorus led the service!!! Big congratulations to you all for the wonderful service we all enjoyed. The spirit of God was in our midst. The uplifting, joyful music & the meaningful message left us all in awe. The yummy food made everyone feel at home .

- -The First Sunday in Lent was on the 26th of February. In Lent we focus on getting away from the life of flesh into the life of the Spirit, denying our ways, and embracing God's. The Lee family & Anna Boateng led our Lenten call to worship & Helen O. performed a very nice hymn reflecting God's love for us.
- On February 26, 2023, youths 13 and above & their parents met with Kelvin Lee and Rev. Reine to explore options of starting a special youth group class at St. Timothy's through which their faith will grow & they will have an opportunity for fun activities together. What a joy!

Looking forward: - MISSION and OUTREACH LENTEN PROJECT: As the Lenten Season is a time of repentance, reflection, and spiritual growth we would like to make this an opportunity for our congregation to reach beyond themselves into our own community. We have chosen to support Cornerstone-Housing for Women. Cornerstone provides emergency housing for women who might need housing due to the inability to pay rent, the need for disability-modified housing or fleeing violence or abuse. Our support would be through monetary donations or the donation of new items to help set up a home. We will be inviting a speaker to address the congregation.

- Save the date! March 26, 2023, is the date for the Annual Congregational Meeting after the morning Worship Service. Please join this important event in the life of our church.
- COMMUNION SUNDAY & HERON EMERGENCY FOOD CENTRE: As it is the custom at St. Timothy's, on Communion Sunday, March 5th, we share our blessings with those less fortunate by donating food items to HEFC. The need for non-perishable food items continues to be great. Thank you for this much-needed support to our local food bank.

Sunday Worship Services @10 am March 5,12,19,26 In-person & Online

Sunday school during the service

Coming Events

In-person Bible Study Wednesdays (March1,8,15,22) @ 10am. Second Sunday in Lent & communion, March 5 @10 am. Youth group meeting March 19 @ 11:45 am

Youth group meeting March 19 @ 11:45 am The Annual Congregational Meeting, March 26 after the worship service AGAPE Gathering March 28, @ 10:30 am

Virtual Church Groups

'Bedtime with Jesus' every Sat @ 7:00 pm 'Café Connections' every Fri @ 10:00 am Prayer Time: Do you have a prayer request or a prayer of thanksgiving? Please contact Rev. Reine or a member of the Pastoral Care Team.

ST. TIM'S PICTORIAL The Black History Service

























Wondering what your children were doing while preparing for your special service??

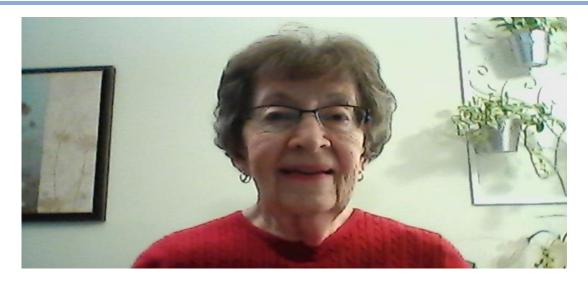












The position of St. Timothy's Music Director — the responsibilities involved described in prose form, as opposed to points.

Worthy Music is Powerful

It has the power to make us humble, prayerful, and grateful.

Music has the power to provide spiritual nourishment.

It has healing power. It has the power to facilitate Worship.

It provides power for us to express prayerful thoughts,

and bear testimony of sacred truths.

Worthy music can provide power and protection for the soul.

Words of Russell M. Nelson

I began my music career as an Elementary and Secondary School Vocal Music Teacher in Nova Scotia, and later as an Instrumental and Vocal Music Specialist in four Elementary Schools in Ontario.

In 1974 I worked as an Organist and Choir Director in Military Chapels in Edmonton, Alta., and in 1987 moved to Ottawa and since then I have worked as an Organist and Choir Director in four different churches (3 different denominations) for over 30 years.

In 2012 I joined St. Timothy's Church as Choir Director and became the Organist as well a few years later. I have been very blessed to work with many dedicated and gifted musicians in our Music Ministry. In weekly choir practices we worked on hymns, choral anthems, and solos for Services, Christmas concerts, and special events held throughout the year.

Covid restrictions have prevented singing together as a choir during the past two years. However, we have been very, fortunate to have David Goudy, Molly Olshefsky and Helen Orork lead the hymn singing each Sunday.

I play our 2 manual Casavant organ and Kawai digital piano to provide accompaniment for hymn singing, choral anthems, solos, Prelude and Postlude music and occasional special music for all Services.

As your Director of Music, I attend monthly Worship Committee meetings and meet with Rev. Reine on occasion at church or via email or phone to discuss suitable music selections for Worship services.

I create hymn and choral anthem arrangements specifically for the congregation and choir. During my time here I have composed an Advent Introit, a general Introit, and a Christmas Choral Anthem.

I am so very grateful to St. Timothy's congregation for your ongoing support.

It gives me great joy to be part of and serve St. Timothy's family.