

Timothy Topics

November 2022 newsletter

St Timothy's Presbyterian Church

2400 Alta Vista Drive,

Ottawa, ON, K1H 7N1

Do you want to meet Rev. Reine? She loves to meet with you online or in-person by appointment. Sunday Worship Service 10:00 am. Our building is open. Do you want a link to participate online? Please contact the office.

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-Bible Trivia-

Which apostle took the Gospel to the city of Samaria?

Find the answer on your own or wait for the next *Timothy Topics*.

Last issue's answer: John 11:35

"Jesus wept"

Minister's Corner: In English, the term 'labyrinth' is generally synonymous with maze; however, there are many distinctions to be observed between the two. A maze refers to a complex branching puzzle, while a labyrinth usually has an unambiguous route. A maze has dead ends, and one can easily get lost. A labyrinth, by contrast, has no dead ends. You begin walking and eventually, you end up in the center. Many medieval cathedrals had a labyrinth. The labyrinth offered an opportunity to make some kind of a spiritual journey, a journey to the center of the circle, which represented a sacred place. A labyrinth would offer an opportunity for prayer and reflection while highlighting the fact that life is an exciting outward journey – but of course, a more exciting inner one. Interestingly, it's been observed that Labyrinths emerge in the world at times when they are needed. Donna Mulhearn, a writer, and co-creator of Blue Labyrinth Bush Retreat Center says: 'My daily pilgrimage is to my own center, my heart, through the practice of Christian meditation and prayer. I don't leave my living room, but I do the work of the pilgrim, which is the work of presence and paying attention.' Today, most of us are busy people focused on productivity and efficiency – rather than taking time for meditation and spiritual growth and awareness. We are absorbed by the maze or complex branching puzzle of everyday life. Hopefully, we see our mission in this life less as ticking off goals on a list, and more to engage in a gently-paced journey; of learning, discovery, and noticing God.

Jesus always invited his disciples to retreat with him for a time of meditation, learning, and growth. He still does that today. Do you hear such an invitation? Do you feel you need to spend spiritual time so you can arrive at your own center? Do you create the space to allow such an activity to happen?

Mark tells us, 'When The apostles gathered around Jesus and told him all that they had done and taught. He said to them, **'Come away to a deserted place all by yourselves and rest a while.'** Rev. Reine

In the rearview mirror



The highlight of October at St. Timothy's was the resumption of the fellowship time in the hall downstairs. After covid, most people were excited to gather again, have coffee, a treat, and enjoy a chat. It is a great way to connect with each other and with the visitors who, through this special time, get to sense the family bond (which is our community's hallmark).

Big thank you to the fellowship committee as they organize this wonderful opportunity every Sunday. Your support to the committee will be very much appreciated.

Looking forward



-Save the date. Exciting news at St. Timothy's on November 19, 2022. St. Timothy's Bazaar is back this year, and you are all invited to be part of this church/community event. Come and enjoy the different items provided like yummy home baking & deli, books, crafts, and a silent auction. Buy your tickets to enjoy a nice fellowship over lunch. 'Mansaf' a tasty dish with chicken, beef, rice and vegetables. This is a great way to connect with our church family and the wider community around St. Timothy's. Time: 10:00 am - 1:30 pm. Lunch Ticket: 10 \$.

For more information or for buying the tickets, please contact the office, Isaiah Nkunda, Wendy Batson, Karen Abboud, or Rev. Reine Boghos.

-Session Sunday will take place this year on November 20, 2022. The service will be led by our elders at St. timothy's.

- All our Sunday school children are encouraged to join the Christmas Pageant as the practices will take place every Sunday during Sunday school time. Don't miss this joyful event in the life of your kids.

Sunday Worship Services @10 am

November 6,13,20,27

In-person & Online

Sunday school during the service

Coming Events

November (2,9,16,23,30) 2022 In person bible study @ 10:00 am

November 6, 2022 Remembrance Sunday @ 10:00 am

November 19, 2022 St. Timothy's Bazar @ 10-1:30

November 20, 2022 Session Sunday @ 10:00 am

Virtual Church Groups

'Bedtime with Jesus' every Sat @ 7:00 pm

'Café Connections' every Fri @ 10:00 am

Prayer Time Do you have a prayer request or a prayer of thanksgiving? Please contact Rev. Reine or a member of the Pastoral Care Team.

ST. TIM'S PICTORIAL



Storytime is a time of fun and learning



Big congratulations to Michael & Helen Orock for the baptism of their four boys



Get to know our St. Timothy's committees.
The Pastoral Care Committee



Committee members: Molly Olshefsky (chair) Libby Stavely, Shirley MacLeod, Peter Mayum, Ruth Toller and Rev. Reine Boghos (ex-officio member).

The term pastoral ministry relates to shepherds and their role of caring for their sheep. It is a ministry of presence, listening, and prayer...being shepherds or caretakers of God's flock... offered to those in times of need. 1 Peter 5: 2-3

We are a small group at St Timothy's who quietly and unobtrusively attempt to offer comfort, encouragement, and prayer for those who might benefit from our ministry by way of a phone call or enjoy a visit. Each has taken the courses offered by The Ottawa Pastoral Care Training Program. We work with Rev Reine in trying

to make sure our members are contacted if absent for a while, or if we learn of illness. The family of St Timothy's is very good at caring for each other. Phone calls are made and drives are arranged very quietly with no expectations of reward. This is pastoral care and we are a very caring congregation.

Please let Rev Reine or a committee member know if you are aware of a need.

