Timothy Topics

October 2022 newsletter St Timothy's Presbyterian Church 2400 Alta Vista Drive, Ottawa, ON, K1H 7N1

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Do you want to meet Rev. Reine? She loves to meet with you online or in-person by appointment. Sunday Worship Service 10:00 am. Our building is open. Covid restrictions are in place. Do you want a link to participate online? Please contact the office.

-Bible Trivia-What is the shortest verse in the Bible?

Find the answer on your own or wait for the next *Timothy Topics*.

Last issue's answer: Timothy

Minister's Corner How many times have you thought you were communicating clearly, only to discover that what you did or said was totally taken in a way you had never imagined? Two-way communication isn't always crystal clear for both parties, and often, messages get lost in translation as one party misinterprets the signals from the other. There are many reasons for this to take place: First, we are occupied with some concern or care, which we bring -intentionally or unintentionally- to every context and interaction and when this happens, the heavy load serves as a mental and emotional filter blocking the original message from coming through. A second reason is that we have limited battery storage; we can get tired quickly and- as a result- do not have enough mental acuity at a given moment to follow and grasp what's being communicated. Thus, the transpired content will have many blank lines that can and will be filled incorrectly. And sometimes misinterpretation can happen for more complex reasons. For instance, consider how a certain behavior or sign might bring to mind a particular person or incident from the past. The outcome of the communication then will be steeped with memories and emotions from a time gone by distorting, to a large extent, the original message. Misunderstanding can also happen when you meet a strong-willed and rigid person who isn't able to "take in" any viewpoint other than their own. Now, those same reasons, and some more, can also hinder our communication with God. Every day's concerns and cares can muffle His voice in our hearts and ears. And if and when we hear Him, it will be only through the filter of our needs. Most often, we are busy or simply tiered and more than ready to hang it up for the day. We will be 'listened out' and cannot follow what our creator is trying to communicate with us. And even when we are present in the moment, we never actually live in it, the shadows of the past keep chasing us and the fear of tomorrow never leaves us alone. We either mourn yesterday or are bitter about it and surely dread the future. Our past and future life battles can make us rigid people with hearts of stone that can become spirit-proof. This is why God keeps on trying. The writer of Hebrews says: 'In the past, God spoke to our ancestors through the prophets at many times and in various ways, but in these last days, he has spoken to us by his Son' Hebrews1:1-2. We still, at times, manage to misinterpret his signs and actions for our own self-serving interests. Our life is really not about us, it's about something unmeasurably bigger than who we are, God. So, may we hear and learn, and may we see and understand. Rev. Reine

In the rearview mirror - On June 11th, the Stewardship committee at St. Timothy's planned a Garage Sale where people from the congregation as well as the community took part in it. Yummy barbecue & coffee were enjoyed by all. -Some of our session members gathered socially in July to honor Linda Walker for the work and time she has given to St. Tim's ministry. Our good wishes to Linda as she makes a new home in Perth, though we will see her frequently.

- The EXSSA Canada were celebrating their jubilee and worshiped with us at St. Tim. They sang hymns in their nice uniform. - On the 31 of July, some of our families from St. Timothy's, spent a fun day in Morrisburg. The nice fellowship was enjoyed by all & the children had a blast at the splash pad & the playground. It was a blessing to enjoy God's beautiful creation and have this wonderful time together.

- On September 11, a special Mission Awareness service was presented by the Mission and Outreach Committee. It highlighted recent mission projects which have been generously supported by the congregation. A guest speaker from The Ottawa Mission outlined the many life-altering programs offered there. After the service, everyone enjoyed barbecued hotdogs, corn, and conversation in the sunshine. It was a joyful welcome back to a new season of worship and activities at our church.

Looking forward

- Weekly, in-person Bible studies resume at the church Wednesday, September 21st at 10 am. Mike Powell will be leading the meetings, working from the study book Philippians: Jesus our Joy. Copies of the book will be available for those who join. Please contact Kelvin Lee or Mike Powell.

- Exciting news on November 19, 2022! St. Timothy's Bazar is back. Time: 10 am - 1:30 pm. Price for lunch ticket: 10 \$. More details will be available in the next issue.

Sunday Worship Services @10 am	Coming Events	Virtual Church Groups
October 2, 9,16,23,30 2022	October 5,12,19,26 2022 In person bible study 🛽 10 am	'Bedtime with Jesus'every Sat 🛛 🖻 7:00 pm
In-person & Online		'Café Connections' every Fri 🛛 🖻 10:00 am
Sunday school during the service		Prayer Time Do you have a prayer request or a prayer of thanksgiving?
,	October 23,2022 Joyful noise team during the service	Please contact Rev. Reine or a member of the Pastoral Care Team.

ST. TIM'S PICTORIAL





Audrey to



Fun Day in

Morrisburg

PIC.COLLAGE

Session fellowship





























story time



Get to know our St. Timothy's committees? *The Fellowship Committee*

Committee members: Phoebe Gowdy (chair), Molly Olshefsky, Joanne Payne, Clara Stel (consultant), Linda Walker (consultant), Dolly McKyes and Rev. Reine Boghos (ex-officio member).

The Fellowship Committee endeavors to see that opportunities for fellowship happen within and for St. Timothy's congregation and visitors. In-person gatherings were restricted this year until March because of the COVID pandemic. The committee drew up a team of volunteers to do the necessary COVID screening upon entrance to the church for worship each week. The restrictions have been slowly scaling back but the screening process has provided an opportunity to greet each other and warmly welcome those returning to worship. With the advent of warmer weather, we recruited volunteers to provide juice boxes and cookies outside after the church service. Cupcakes became the celebratory treat for special events! The chance to chat with each other and for the children to run and play has been a joy!

As the weather cools, we will be proceeding prudently but anticipate moving indoors to resume Coffee Hour after church. Volunteers are needed to establish a roster to share in the weekly provision of coffee, tea, juice, and cookies in the Main Hall. Maybe, we will even be able to celebrate quarterly birthdays once again! Recently, the annual *Welcome Back BBQ* returned! With just hot dogs, corn, drinks, and some trimmings, the scaled-back version was well received. The committee is also willing to assist other committees with their fellowship or fundraising events. We were able to be a helpful presence at some Celebration of Life services; by calling on willing supporters in the congregation, we were also able to offer assistance to a few families who wished to hold a reception in memory of their loved ones. This committee consults on an "as needed" basis to plan for events and reports to Session monthly. We would be thankful - and rejoice - to have more members serving on the committee or to know who would be willing to be called upon for help at Coffee Hour or at our events.

If there are comments or suggestions for events that would enhance the building of friendship and fellowship at St. Timothy's, please let one of the committee members know so that we can grow and thrive as a church family.

