

Sunday, June 6, 2021 @ 10:00 AM  
God Calls Us Together  
Worship Service Via Zoom  
Second Sunday after Pentecost - Communion

## St. Timothy's

2400 Alta Vista Drive, Ottawa ON, K1H 7N1

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Reverend Reine Boghos / [reineboghos@gmail.com](mailto:reineboghos@gmail.com)

Office Administrator: Susan Nishi

Music Director & Organist: Louise Thompson

**WELCOME** to all who share in our worship!

St. Timothy's Presbyterian Church is a welcoming, Bible based, Christ centred worshipping community committed to loving God, loving one another, and loving the world to which He sends us.

**ST. TIMOTHY'S VIRTUAL WORSHIP SERVICES:** Each Friday morning, an email invitation is sent to all members of the congregation providing the Worship Service zoom link, a list of the Scripture Readings and the title of the Minister's Message for the upcoming Sunday. Everyone is invited to open their camera so that other participants can feel your presence. Please mute your microphones. Newcomers are welcome to join!

The weekly Sunday Worship Service Zoom link is:

<https://us02web.zoom.us/j/82857108790?pwd=WnBWdDdFMXNaRlh6Y2FoVWhvYUUVzZ09> Meeting ID: 828 5710 8790 Passcode: 933308

### COVID-19 UPDATE

Session has made the following decisions:

- **St. Timothy's Worship Services** will continue via Zoom for the foreseeable future;
- **The Church Office** will be closed until the current Provincial lockdown is lifted. The church can be contacted by mail, email and voicemail;
- **Rev. Reine** can be contacted by phone and email;
- **All in-person meetings** at the church are suspended;
- **Church Mailbox** will be cleared daily; and
- **Banking** will still be done weekly - so please continue to drop off your donations as we did during previous lockdowns.

Regarding the resuming of in-person worship, the COVID-19 Committee will continue to review Provincial Government and Ottawa Public Health advice and make recommendations to Session accordingly.

**Stressed out?** Mental health issues are regularly in the news these days.

For **caregivers** of people living with memory issues, **free** programs and support can be obtained from The Dementia Society of Ottawa and Renfrew County. To learn more about services such as: *Make a Connection*



### St. Timothy's Resources

#### Pastoral Care:

Molly Olshefsky

**(If you know of anyone in the congregation who is ill or in need of a call, please let Molly know).**

#### CHURCH OFFICE:

The Church Office will be closed during the Provincial lockdown.

#### MINISTER OFFICE HOURS:

On Tuesdays, Rev. Reine will welcome virtual visits. Please call her at **613-255-6787** to make an appointment.

### Upcoming Special Services

**June 6** Communion

**June 13** Youth Service

### Virtual Sunday School

**Sat June 19** Grade 5 & up at 6pm

**Sat June 26** Kindergarten & Grade 1-4 at 7pm (in place of bedtime story)

### Ways to Donate:

1. Interac Electronic bank transfer using [sttimsoffice@on.aibn.com](mailto:sttimsoffice@on.aibn.com);
2. Numbered Donation Envelopes;
3. Enrollment in PAR (Pre-Authorized Remittance); or
4. On our website at [www.sttimsottawa.com](http://www.sttimsottawa.com) using the DONATE NOW button.

Contact our Office if you need any further assistance.

and *Take a Break*; online/virtual learning; recreational opportunities; and support groups, as well as how to connect with a Dementia Care Coach, go to [www.dementiahelp.ca](http://www.dementiahelp.ca) or email [info@dsorc.ca](mailto:info@dsorc.ca) or call 1-888-889-6002.

For **parents, guardians and families** helping children cope these days, visit [OttawaPublicHealth.ca/COVIDMentalHealth](http://OttawaPublicHealth.ca/COVIDMentalHealth)

For additional mental health services for youth, children, and families, contact the Youth Services Bureau at 613-260-2360 or 1-877-377-7775 or by using the online chat at [chat.ysb.ca](http://chat.ysb.ca).

If **you** need support for stress and pressure, call the **Distress Centre Ottawa and Region** 24/7 at 613-238-3311 (Bilingual services) or Tel-Aide Outaouais - 613-741-6433 (French).

Check out **Counselling Connect** for access to a free phone or video counselling session (no waiting list) or call the **Walk-in Counselling Clinic** at 613-755-2277 or by email to [walkincounselling.com](http://walkincounselling.com) (free, multi-lingual and no appointment needed).

\* It is normal to feel the stress and pressure of the COVID situation. You are not alone. We are all in this together! \*

### GENERAL ANNOUNCEMENTS

**WORSHIP ELDER:** The Worship Elder for this Sunday is Linda Walker.

**REVERSE OFFERING FOR HEFC:** A reverse offering for Heron Emergency Food Centre is scheduled for **June 6**. If you would like to make a monetary donation via the **Donation Button** on our website [sttimsottawa.com](http://sttimsottawa.com) (select fund: HEFC); or **send in a cheque** payable to St Timothy's (indicate for HEFC); or via **e-transfer** (include HEFC in the message box).

**NOT SO YOUNG ADULT GROUP:** Will be meeting on Zoom immediately following the **June 13** Worship Service.

**WORSHIP SERVICE RECORDINGS:** The Worship Committee is pleased to announce that members of St. Timothy's can now view the Zoom worship service recordings. The recordings are only available for members and adherents of St. Timothy's Presbyterian Church in Ottawa and access can only be granted by the church Google Drive administrator. To request access to the videos, please email [churchsttims@gmail.com](mailto:churchsttims@gmail.com)

**VIRTUAL CAFÉ CONNECTIONS:** Join us with your coffee or tea for a time of fellowship on **Fridays 10 to 11am**. Gatherings are conducted via Zoom; the link to join is sent out the day prior to the meeting. The weekly Café Connections Zoom link is:

<https://us02web.zoom.us/j/86826568027?pwd=SW5jRWJmbXV0aVpCZnprRDdOVVF6Zz09>

Meeting ID: **868 2656 8027** Passcode: **508632**

### ST. TIMOTHY'S YOUTH CORNER

**BEDTIME WITH JESUS:** Every **Sat and Sun at 7pm** Rev. Reine will read a Bible story appropriate for children up to age 8, but older brothers, sisters, and parents, are welcome to listen in. What a wonderful way to end the day. Parents are asked to teach their children how to mute/unmute. The Zoom link will be provided by Rev. Reine.

### COMMUNITY ANNOUNCEMENTS

**GRACEFIELD CHRISTIAN CAMP AND RETREAT CENTRE:** The Board of GCCRC is sad to announce that they will not be moving forward with plans for overnight children's camps this summer. For more information about this decision and other ongoing initiatives at GCCRC please go to the May edition of Beavertales at <https://gracefieldcamp.ca/files/2021/05/Gracefield-News-Letter-Feb-2021-2.pdf>