

LENTEN CASSEROLES

The Lenten season is approaching...a season of prayer, repentance and preparation as we anticipate Good Friday and Easter.

Lent invites us to make our hearts ready for remembering Jesus' passion and celebrating Jesus' resurrection.

This year during the forty days of lent we are going to undertake a new and different way of offering our prayers and showing our caring for others leading up to Easter, and we are calling the project LENTEN CASSEROLES. It is our hope to deliver at least two meals each Sunday during the six weeks of Lent to families who would benefit from the gesture starting on the first Sunday in Lent, March 1 and continuing for six weeks.

These meals would be prepared by members of the congregation while preparing dinner for their own families. Just cook a bit extra (enough for two) and there is a meal that can be delivered to a special family of two, so they can know we at St Timothy's are thinking about and caring for them.

Rev Reine says you can "pray while preparing" so that your prayer is incorporated into the meal so that the recipient is spiritually as well as physically fed.

The food is to be brought to the church on Sunday, placed in the refrigerator and it will be delivered by a member of the Pastoral Care Team.

This is just ordinary family food... not fancy or spicy... a good home cooked meal.

We ask the food come in non returnable containers that can be placed in the oven for reheating, or transferred to a microwaveable dish.

If you know a family who might enjoy a meal from St Timothy's, let Rev Reine or a member of the Pastoral Care Team know.

There is a chart in the Narthex that you can fill in, indicating which Sunday(s) you would be able to provide a meal.